

MAMMOGRAM SCREENING IS NOW MORE AFFORDABLE AND CONVENIENT



Register Now



A simple BREAST CHECK can SAVE your life

A mammography is a simple examination of the breast. Using low-energy X-rays, the procedure can help to detect abnormality in the breast tissue. It can also detect lumps that cannot be felt. This will help to detect breast cancer early and treatment can be introduced promptly to save the breast.

Book your Mammogram today!

MAMMOBUS SCREENING *Strictly by appointment only*

Date: **4 Mar 23 (Sat)**

Time: **6:00 PM to 9:00 PM**

Venue: **National Stadium**

Fees (Subsidized rate):	1st Time Screener	Repeat Screener
Singapore Citizen	\$0	\$10
Permanent Resident	\$25	\$35

Singapore Citizens and Singapore PRs may be eligible for further subsidies and will be assessed after registration.

For enquiry please email
askNHGD@diagnostics.nhg.com.sg

**NHGD is committed to protect the personal data we collect, use or disclose as required under our NHG Personal Data Protection Policy (www.nhg.com.sg).*

Who should go for Breast Screening?

- Women aged 40 years old & above (Singapore Citizen & Singapore PR)
- Have not gone for mammography in the last:
 - ✓ 12 months (40-49 years old)*
 - ✓ 24 months (50 years old & above)
- Have no breast symptoms such as breast lumps or nipple discharge
- Have not been breastfeeding for the past 6 months
- Not pregnant

(Note: Patients with mobility aids are advised to have their mammogram screening done at breast screening centres.)

*Women aged 40 to 49 years old can screen for breast cancer but they should talk to their doctor about the benefits and limitations of mammograms in this age group so that they can make an informed choice about going for screening.

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